BARRISTERS
RESTAURANT

Good Food - Great Wine - Warm Friends

Menu

"Come and join us. Pull up a chair. Have a taste. Life is so endlessly delicious."

CORKAGE POLICY

Only food and beverages purchased from Barristers may be consumed on our premises.
You may, however, bring your own wine (BYO) to be consumed with a regular (not discounted) meal, in The Grill or Tudor Room, where corkage of R60 per 750ml bottle of wine is payable.
No BYO is allowed in the Bar or on the Deck at any time.
Special corkage arrangements for private functions may be agreed in advance with Management.

RESERVATIONS & GRATUITIES

Bookings on our Deck or Bar areas are available until 12:30 each day, or when tickets are sold and reservations are made, for live music or sport. Due to space constraints tables are limited to a maximum of 10 pax.
Non-refundable deposits may be required, at Management's discretion, for bookings of 6 or more pax.
A service charge of 10% will be added to the bill for parties of six or more people.

FOOD ALLERGIES

Menu items may contain, or come into contact with Wheat, Eggs, Peanuts, Nuts, and Milk.
If you are gluten intolerant or suffer from any food allergies, please advise your Waiter when placing your order.

Free Wi-Fi: Password: Bar@1980

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Breakfast

Breakfasts are served from Opening Time until 13:00 every day, except for the Full English Breakfast, which is available until 18:00.

All breakfasts are served with toasted white, brown or sour-dough bread and our home-made jam.

Bacon & Egg Roll — R 55
Fried egg, two rashers of bacon on a buttered bread roll.

Bacon & Eggs — R 85
Two fried eggs, scrambled, poached, or boiled with crispy bacon and baked beans, if you'd like.

Smashed Avo on Toast (v) — R 85
Fresh avo served on toast with a twist.

Mince on Toast (v) — R 85
Rich savory mince, toast with a fried egg.

Shakshuka — R 95
Mediterranean spicy tomato relish with eggs.

Barristers Omelets — R 105
Our three egg omelets with any three fillings - cheddar, tomato, bacon, mushrooms, spinach, feta or chives.

Omelets take time to prepare, so do not order if you're in a hurry!

Full English Breakfast — R145
Two eggs made-to-order with bacon, grilled tomato, grilled mushrooms, baked beans and pork sausage.

Toasted Sandwiches
Chicken Mayo

Cheddar cheese - tomato is optional

R 75

Celebrations & Private Functions

We cater for private functions in our Tudor Room and Courtyard, which are ideal venues for staff meetings, reunions, birthdays, quizzes, music evenings or any other occasion, to call together a group of family, friends, colleagues or clients.

Special menus can be arranged to suit your budget and depending on the number of guests you invite to attend, we can offer these areas to you exclusively.

Provided that meals and drinks are purchased, we do not charge for venue hire.

Please ask our Duty Manager or e-mail us at info@barristersgrill.co.za for more details.

You can also book exclusively for group breakfasts between 8:30 am and 10:30 am on the Deck, provided there are a minimum of 10 people, and we are given 24-hours' notice.

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Barristers Special Pub Lunches

We have been serving our ever-popular Pub Lunch Specials since 2011.

Available between 11 am and 6 pm daily.
On Public Holidays we add a R15 overtime premium. Orders to be in before 6 pm.

Chicken Livers	R 95
Thai Green Curry - Chicken or Vegetable **- noodles or rice**	R 95
Chilli con carne	R 95
Beef Snack Burger	R 95
Bangers and Mash	R 95
Pasta Carbonara	R 95
Spaghetti & Meat Balls with Bolognaise styled sauce, with a hint of chili	R 95
Maccaroni and cheese	R 95
Green Salad	R 95
Barristers Masala Curry – Beef, Chicken or Vegetable - noodles or rice	R 125
Grilled Herbed Chicken Breast	R 125
Chicken Schnitzel	R 125
Grilled Chicken Salad - grilled, crumbed or masala	R 125
Beef or Chicken Shawarma	R 125
Parmesan Chicken Wrap - Basil pesto mayo, avocado, lettuce	R 125
Herbed Chicken Wrap – grilled. crumbed or masala; avocado, lettuce, mayo, mozzarella	R 125
Cottage Pie	R 125
Aubergine Au Parmesan (v)	R 125
Fish & Chips	R 140
Calamari Strips -grilled, crumbed or masala	R 140
Steak egg & Chips	R 140
ONLY ON FRIDAYS … order ahead to avoid disappointment …	
Beef & Ale Pie – Freshly made on Fridays - served with chips, mash or salad.	R 150
Oysters – Freshly delivered to us on a Friday morning.	R35 each

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Burgers & Sandwiches

Prices include a serving of Chips & Onion Rings.
Kindly note that rolls are buttered on request.

Regular Beef or Chicken Burger

Our homemade beef patty or tender chicken breast grilled or crumbed, with fresh onion, sliced tomato, free range gherkins, homemade relish and a lettuce leaf or two. R 115

To add a sauce of choice or extra side – see the options below.

Cheese Burger

Our regular burger with melted cheddar or crumbled blue cheese or slices of camembert. R 130

Vegetarian Burger (v)

A giant mushroom, grilled in garlic butter, with onion, tomato, *free range* gherkins, lettuce, caramelized onions and sliced camembert. R 135

Bacon & Cheddar Burger

Regular burger with bacon and melted cheddar cheese. R 140

Parmesan Chicken Burger

Marinated chicken strips coated in parmesan cheese, grilled until golden brown. Topped with avocado, streaky bacon and caramelized onions. R 140

Bacon & Roquefort Burger

Regular burger with bacon and a rich Roquefort sauce. R 145

Bacon, Mushroom, Parmesan & Chili Burger

Regular burger with bacon, grilled mushrooms, parmesan cheese, chili, thyme after time. R 145

Bacon, Camembert & Caramelized Onions Burger

This burger is exactly as described…. above, inside, and below! R 155

Bacon & Avo Burger

Regular burger with bacon and avocado slices; not inside, but on top! R 165

Club Sandwich

Bacon, cheese, tomato and chicken mayo. Toasted on white or brown bread. R 130

Sauces and Extra Toppings

Freshly chopped chili R 10

Cheddar, feta or crumbled blue cheese. R 30

Beef patty or chicken breast. avocado R 55

Sauces:
Chili, Cheese, Garlic Butter, Madagascar, Monkey Gland, Mushroom or Roquefort. R 30

Starters

Fresh Oysters – Only on Fridays R 35 each

Served in the traditional way, on ice, with a wedge of lemon and Tabasco sauce. We buy fresh oysters, when available, in limited numbers, for sale on Fridays.

Barristers Tomato Soup *(v)* R 55

Neapolitan styled tomato soup. Served with toasted bread or sourdough.

Buffalo Wings R 105

Four chicken wings tossed in house Buffalo sauce. Hot or mild…please be warned!

Chicken Livers R 105

Chicken livers sautéed with smoky bacon, onion, masala spice and cream. Served with fresh rolls.

Crumbed Mushrooms *(v)* R 105

Crumbed, deep fried and served with tartare sauce.

Escargot R 105

Snails, gently pan fried with bacon and garlic butter. Served with fresh rolls.

Squid Starter R 120

Squid tubes and tentacles lightly grilled in chili lemon butter, or our masala paste or crumbed.

Calamari R 135

Calamari strips grilled in chili lemon butter, or our masala paste or crumbed.

Baked Camembert *(Half round or Full round) (v)* R 85 half

Camembert baked in olive oil and rosemary. Served with homemade pineapple preserve, caramelized onions and toasted sourdough. R 135 full

Giant Brown Mushroom *(v)* R 135

A blast from the past – grilled, with Neapolitan sauce, creamed spinach and melted goats' cheese.

Salads

Barristers Tossed Salad R 95

Lettuce, tomatoes, cucumber, carrots, olives, avocado, feta, croutons and radish.

Barristers Chopped Salad R 95

Tomatoes, fresh greens, crispy cabbage, salsa, croutons, cucumber, radish, toasted sunflower and sesame seeds and feta.

Add any of: Bacon, Grilled Chicken, Caramelized Cashews R 40

Roquefort & Bacon Salad R 125

Bacon, grilled mushrooms, mixed leaves, blue cheese crumbs, toasted sunflower and sesame seeds, parmesan croutons with Roquefort herb dressing on the side.

Newlands Chicken Salad R 135

Herb Chicken breast marinated with sundried tomatoes and capers, grilled and served with a creamy herb dressing on a bed of fresh greens, crispy cabbage, salsa, cucumber, radish, minted peas, toasted sunflower and sesame seeds. Swap out chicken for crispy bacon if desired.

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Steaks & Grills

The Best of Barristers ~ Our Famous Aged Steak Collection

Our steaks are aged for a minimum of 30 days to ensure maximum flavour and tenderness.

Please indicate if you would like your steak prepared: plain grilled

or with our Rosemary Olive Oil or traditional Barristers Basting sauce.

Unless otherwise indicated, all our Main Courses are served with a complimentary portion of any one of the following:

Butternut & creamed spinach, stir-fry veggie, mash, rice, side salad or chips and onion rings.

	200g	300g	500g
Rump	R 175	R 225	R 335
Sirloin	R 180	R 235	R 355
Fillet	R 250	R 345	R 550

Specialty Steaks

the cut of your choice prepared in one of the following styles-

Brandy Pepper Butter Steak — R 40

Grilled and served with Brandy Pepper Butter melted onto your steak of choice.

Barristers Gavel Steak — R 50/R 65

Grilled with bacon, livers, onion, cream, and masala spice.
Livers are optional so please advise us if you <u>do not</u> want livers.

Red Wine and Mushroom Steak — R 50/R 65

Grilled and accompanied by livers and mushrooms in a red wine sauce.
Livers are optional so please advise us if you <u>do not</u> want livers.

For the Carnivore Connoisseur

Espetada Steak — R 235

Grilled steak cubes, served on a skewer with peppers, onions and a large measure of brandy-pepper or garlic butter.

Pork Ribs

Slow-cooked pork ribs marinated in rib basting sauce

300g — R 195
600g — R 330

Lamb Chops — R 275

Three choice-grade loin chops, basted, grilled and served with traditional mint jelly.

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Chicken & Seafood

Fresh Hake R 165

Fresh hake, battered and deep fried, or blackened in our masala sauce, or grilled in lemon butter and served with tartar sauce.

Calamari R 195

Calamari strips grilled in chili lemon butter, or our masala paste or crumbed.

Patagonian Squid R 195

Squid tubes and tentacles lightly grilled in chili lemon butter, or our masala paste or crumbed.

Grilled Sole R 215

East coast sole grilled in lemon butter.

Chicken Schnitzel R 155

Chicken fillet lightly crumbed with a panko coating and served as a main course with a twist of lemon.

Chicken Parmesan R 160

Chicken fillet grilled with parmesan cheese and served with a tomato basil pesto sauce.

Side Orders, Sauces & Extra Toppings

Unless otherwise indicated, all of our Main Courses are served with a complimentary portion of any one of the following: Butternut & creamed spinach, mash, rice, stir-fry veggie, side salad or chips and onion rings.
The following may be ordered as an extra to accompany any item on this menu.

Freshly chopped chili.	R 10
Cheddar, feta or crumbled blue cheese.	R 30
Chips, onion rings, mash or rice.	R 40
Butternut and creamed spinach, stir-fry veggie, side salad, or bacon.	R 45
Grilled mushrooms, grilled calamari, beef patty or chicken breast. avocado	R 55
Sauces: Chili, Cheese, Garlic Butter, Madagascar, Monkey Gland, Mushroom or Roquefort.	R 30

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Barristers Hearty Meals

Thai Green Curry R 125

Barristers styled Thai green curry with chicken or vegetables - served with egg noodles or rice.

Barristers Masala Curry R 150

Chicken, Beef or Vegetable - served with egg noodles or rice.

Barristers Stirfry R 165

Chicken, Beef or Vegetable - served with egg noodles or rice.

Beef Burgundy R195

Beef Bourguignon is a delicious beef stew with bacon, carrots, onions, red wine, thyme and mushrooms. Presented in our traditional cast iron pot and served with rice or mash.

Pasta

Chicken Mushroom Fettuccine

Grilled herbed chicken, mushrooms, bacon with olive oil and served with crème fraiche and salsa. R 145

Mushroom Fettuccine (v)

Grilled herbed mushrooms, served with creme fraiche & salsa. R 145

Fettuccine Carbonara R 145

Smoky bacon, garlic, cream and Parmesan cheese

Fettuccine Bolognaise R 145

Barristers bolognaise sauce.

Aubergine Au Parmesan (v) R 145

Layers of aubergine, Neapolitan sauce, herbs and Parmesan cheese

Creamy Bacon & Sundried Tomato Fettuccine R 150

Creamy Bacon with sundried tomatoes, garlic, olives capers, feta and sprinkled with Parmesan cheese.

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Barristers Specials

Monday Nights Special Buy-One-Get-One-Free

On Monday nights after 6:00 pm you get one free meal with every main course purchased.
We only make reservations for tables of 3 or more people only in the Restaurants.
No reservations are taken for the Bar and Deck areas, which are treated on a first-come-first-served basis

No takeaways and no BYO

Tuesdays – Pensioners Discount – 20%

20% off for Guests over the age of 60

This discount applies to the main dish only and excludes any side orders.

Only on orders placed in person before 18h00.

Fridays - Pie Days and Fresh Oysters

We make a limited number of delicious hearty Ale and Beef Pies. Booking in advance is recommended.

We also offer a limited quantity of Fresh West Coast Oysters every Friday.

These sell out quickly, so we do suggest that you reserve some oysters by calling ahead.

Sunday Roasts - Served every Sunday

Full roast gammon, chicken, roast potatoes, veggies and Yorkshire Puddings. But only from April to October

Monthly Specials

Every month we offer specialty dishes and wine/beer specials.
Please ask your Waitress for details.

Live Music and Sports

Every week we post our "What's On This Week" which is a guide to all sporting events and our live music programme for the ensuing two weeks. You can find it on our website each week or ask to be added to our WhatsApp group to receive the programme each week in a convenient PDF on your phone.

The Barristers Regulars Association

In 2016 a group of Barristers Regulars got together for Christmas Lunch – now an annual tradition. Not only was a good time had by all, but a small sum of money was raised at this lunch and donated to the Maitland Cottage Hospital.
From this humble start, the BRA as it is now known, has grown each year and since 2016 and through the generosity of its paid-up members has raised over R1 million for the The Children's Hospital Trust.
It's been a wonderful journey, with a group of Customers, who have become warm friends. Their generosity is only exceeded by their enjoyment of laughter, good food and great wines.
Membership is open to all, against an annual donation/fee and carries few benefits, other than enjoying the company of some very entertaining friends; and being part of a wonderful fund-raising effort.
100% of the funds we raise go to supporting one of Cape Town's greatest treasures,
The Red Cross Children's Memorial Hospital.
If you would like to get involved and join the Regulars please let us know.

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Bar Snacks & Beer Food

Crumbed Gherkins	R 25
Pork Crackling	R 35
Plain Olives	R 40
Olives Pitted Crumbed & Deep Fried	R 45
Onion Ring Basket	R 45
Chip Basket	R 50
Potato Skins with crème fraiche	R 60
Beef Snack Burger	R 85
Potato Skin Nachos	R 130
Tortilla Nachos	R 135
Chili Poppers – served 3 at a time*	R 50
Beef Samosas & sauce (hot or mild)*	R 55
Cheese Grillers*	R 60
Chips & Onion Rings Combo*	R 60
Chicken Strips*	R 65
Mozzarella Balls*	R 65
Buffalo Wings (hot or mild)*	R 95
Crumbed Mushrooms*	R 100
Chicken with Chips & Onion Rings*	R 115
Quesadilla – cheddar, fresh tomato, basil pesto*	R 100
Quesadilla – siracha chicken, cheddar cheese*	R 120
Calamari with Chips & Onion Rings*	R 150
Rib with Chips & Onion Rings*	R 185
Sports Platter -*To share:* *Crumbed Gherkins, Beef Samosas, Cocktail Cheese Grillers, crumbed mushrooms, potato skins & Chicken Strips served with Amada's Hot Chili Sauce or a mild dill and mustard sauce.*	R 200

Platters

We do offer a selection of the above Bar Snacks (marked) which can when combined and ordered as platters are ideal for informal get-togethers. Select your platter combination from any of the menu items marked* on this page.*

Platters are priced at R200 each and normally are sufficient for 4 people

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