

BARRISTERS

RESTAURANT

Menu

Summer 2021/2022



"Come and join us. Pull up a chair. Have a taste. Life is so endlessly delicious."

Barristers was established in November 1980 and has been serving the Newlands community ever since. We continue to strive to deliver good, old fashioned, honest food and great value for money. Barristers is about warm friends, traditional values and is regarded by many as an institution in Cape Town.

Menu items may contain or come into contact with Wheat, Eggs, Peanuts, Tree Nuts, and Milk.
If you are gluten intolerant, please advise your Waiter when placing your order
as we can offer a limited gluten free menu.

We do take-aways for all menu items!
R5 surcharge on all takeaway containers



A service charge of 10% will be added to the bill for parties of six people or more.

For our foreign visitors, we respectfully advise that in South Africa the customary gratuity is between 10% and 15%, depending on the service you receive.

Breakfast

Breakfasts are served from Opening Time until 12:45 every day and includes a serving of Fruit Juice or Tea or Coffee.

- Bacon & Eggs** R70
Two eggs, fried, scrambled, poached, or boiled, bacon and toast, with and our home-made jams.
- Mince on Toast** R 70
Rich savoury mince, served on a slice of toast.
- Shakshuka** R80
Traditional Mediterranean spicy tomato relish with eggs and thick cut slices of “South African chorizo” aka Village Boerewors.
- Eggs Benedict** R95
Poached eggs, steaky bacon or spinach and freshly made hollandaise sauce on toasted sourdough.
- Barristers Omelettes** R 95
Our three egg omelettes with any two fillings (cheddar, tomato, bacon, mushrooms, spinach, feta, chives), it takes time to prepare, so do not order if you’re in a hurry!
- Full English Breakfast** Served from 11:00 am to 6:00 pm R120
Two eggs made to order with bacon, grilled tomato, grilled mushrooms and boerewors or pork sausage.



Business Breakfast, Conferences & Functions

We cater for private functions in our Tudor Room and Courtyard.

The ideal venue for a staff meeting.

A special menu can be arranged to suit your budget and your tastes, please ask our Duty Manager for more details, or e-mail us on info@barristersgrill.co.za for a quote.

You can book our deck exclusively for your group breakfast between 8:30 am and 10:30 am.

We do require a minimum of 15 people.

Burgers & Club Sandwiches

Prices include a serving of Chips & Onion Rings

<i>Regular Burger</i>	R95
Our homemade beef patty or grilled or crumbed chicken breast, with fresh onion, sliced tomato, free range gherkins and a lettuce leaf to keep Mum happy.	
Add a sauce of choice: Cheese, Monkey Gland, Madagascar, Mushroom, Roquefort	R20
<i>Cheeseburger</i>	R105
Our regular burger with cheddar, crumbled blue cheese or slices of camembert.	
<i>Vegetarian Mushroom Burger (v)</i>	R105
A giant mushroom, grilled in garlic butter, with onion, tomato, free range gherkins, lettuce, caramelised onions and sliced camembert.	
<i>Club Sandwich</i>	R110
Bacon, cheese, lettuce, tomato and chicken mayo. Toasted on white or brown bread.	
<i>Bacon & Roquefort Burger</i>	R115
Regular burger and with bacon and a rich Roquefort sauce.	
<i>Lentil & Mushroom Patty (v)</i>	R125
Regular burger with a vegan patty (mushroom, herb & lentil) fried, not grilled, with Neapolitan sauce.	
<i>Parmesan, Chili, Mushroom & Bacon Burger</i>	R130
Regular burger with steaky bacon, grilled mushrooms, parmesan cheese, chilli, thyme after time.	
<i>Caramelized Onion, Camembert & Streaky Bacon</i>	R130
This burger is exactly as described.... above, inside, and below!	
<i>Bacon & Avo Burger</i>	R135
Regular burger with steaky bacon and avocado slices; not inside, but on top!	

Additional Burger Toppings?

The list of side orders and extras is on the Chicken and Seafood page.



Starters

<i>Barristers Tomato Soup</i>	R40
Neapolitan styled tomato soup. Served with fresh bread or toasted sourdough.	
<i>Crumbed Mushrooms (v)</i>	R75
Crumbed, deep fried and served with tartare sauce.	
<i>Giant Brown Mushroom</i>	R75
A blast from the past – grilled, with Napolitana sauce, creamed spinach and melted goats' cheese.	
<i>Parma Ham Salad</i>	R85
Shaved Parma ham tossed in mixed leaves with fresh garden greens.	
Perfect with a glass of <i>Boschendal Rose mee</i>	
<i>Chicken Livers</i>	R85
Chicken livers sautéed with smoky bacon, onion, masala spice and cream with homemade bread.	
<i>Baked Camembert (v)</i> <i>(Half round or Full round)</i>	R65/R95
Camembert baked in olive oil and rosemary and served with our homemade bread.	
<i>Escargot</i>	R90
Snails, gently pan fried with bacon and garlic butter. Served with our homemade bread.	
<i>Patagonian Squid</i>	R105
Squid tubes and tentacles lightly grilled in chili lemon butter, or our masala paste or crumbed.	

Salads

<i>Barristers Green Salad</i>	R70
Lettuce, courgettes, tomatoes, cucumber, sprouts, carrots, olives, avocado, feta, croutons and radish.	
Add any one of: Bacon, Parma Ham, Masala Steak, Grilled Chicken	R55
<i>Roast Veggies & Couscous Salad</i>	R95
Vegetables in season tossed in basil pesto, couscous and feta.	
<i>Coleslaw Salad with Pulled Pork or Siracha Chicken</i>	R85
Crisp and delicious.	

Steaks & Grills

The Best of Barristers ~ Our Famous Aged Steak Collection

Our steaks are supplied by The Village Butcher, direct from farm to fork.

All steaks are aged for a minimum of 30 days to ensure maximum flavour and tenderness.

	200g	300g	500g
Rump	R150	R195	R295
Sirloin	R150	R195	R295
Fillet	R195	R270	R435

Speciality Steaks

a cut of your choice from above prepared in the following styles

Rosemary Steak R30

Grilled and sprinkled with pan-fried rosemary, olive oil, black pepper and a hint of garlic.

Brandy Pepper Butter Steak R40

Grilled and served with Brandy Pepper Butter.

Barristers Gavel Steak R45

Grilled and topped with bacon, onion, cream and masala spice.

Livers are optional so please advise us if you do not want livers.

Red Wine and Mushroom Steak R45

Grilled and served with mushrooms in a red wine sauce.

Livers are optional so please advise us if you do not want livers.

For the Carnivore Connoisseur

Espetada Steak R180

Grilled beef cubes, served on a skewer with peppers, onions and a large measure of garlic butter.

Pork Ribs (300g/600g) R125 / R215

Pork ribs, slow cooked and marinated in our secret rib basting sauce.

Lamb Chops R210

Three choice grade loin chops basted, grilled and served with traditional mint jelly.

Sirloin on-the-Bone 400g R225

Added flavour and increased moistness makes for an incredibly tender steak.

Seafood, Chicken & Stir-Fry

Hake & Chips

R135

Fresh hake, either beer battered and deep fried, or grilled in lemon butter and served with tartare sauce.

Patagonian Squid

R230

Squid tubes and tentacles lightly grilled in chili lemon butter, or our masala paste or crumbed.

Grilled Sole

R155

East coast sole grilled in lemon butter.

Chicken

Chicken Schnitzel

R120

Chicken fillet lightly crumbed with a panko coating and served as a main course with a twist.

Chicken Parmesan

R125

Fillets of chicken breasts filled with parmesan cheese grilled and served with a tomato basil pesto sauce.

Side Orders, Sauces & Extra Toppings

All of our Main Courses are served with a complimentary portion of any one of the following:
Butternut & creamed spinach, roast vegetables, mash, rice, side salad, stir fry vegetables or chips & onion rings.

The following may be ordered as an extra to accompany any item on this menu.

Freshly chopped chili	R5
Sauces – Cheese, Garlic Butter, Madagascar, Monkey Gland, Mushroom or Roquefort	R25
Cheddar, feta or crumbled blue cheese	R15
Chips, mash, rice or onion rings	R25
Stir fry vegetables, butternut and creamed spinach, roast vegetables, side salad, avocado or bacon	R30
Grilled mushrooms, grilled calamari, beef patty or chicken breast	R45



Barristers Hearty Meals

Stir-Fry R115

Chicken, Beef, Pork or Vegetarian stir fry, tossed with cashew nuts, egg noodles (or rice) and prepared in our Barristers soya sauce. Contains sesame seeds.

Barristers Masala Curry R115

Chicken, Beef or Vegetable - served with egg noodles or rice.

Pork Schnitzel R125

Crumbed marinated pork with a hint of mustard and herbs.

Barristers Coq-au-Vin R175

Deboned chicken thighs braised in red wine, onions, carrots, mushroom, bacon and thyme. Presented in our traditional copper pans and served with rice or mash.

Beef Burgundy R155

Beef Bourguignon is a delicious beef stew with bacon, carrots, onions, red wine, thyme and mushrooms. Presented in our traditional cast iron pot and served with rice or mash.

Pasta

Chicken Mushroom Fettuccine R110

Grilled herbed chicken, mushrooms, bacon with olive oil and served with crème fraiche and salsa.

Mushroom Fettuccine (v) R110

Grilled herbed mushrooms.

Squid Fettuccine R125

Roasted vegetables, chili, lemon squid.

Bacon & Spinach Fettuccine R110

Spinach and bacon, a hint of cream, Barristers napolitana sauce and sprinkled with Parmesan cheese.

Fettuccine Carbonara R110

Smokey bacon, garlic, cream and Parmesan cheese.

Fettuccine Bolognese R110

Barristers bolognese sauce.

Aubergine Au Parmesan (v) R115

Layers of aubergine, baby marrows, roast peppers, napolitana sauce, herbs and Parmesan cheese.

Do ask about our Monday Night Special

Barristers Special Pub Lunches

We have been serving our ever-popular Pub Lunch Specials since 2011.

Available between 11 am and 6 pm daily.

On Public Holidays we add a R10 overtime premium. Takeaway surcharge R5.

<i>Chicken, Beef, Pork or Vegetable Stir Fry</i> - With egg noodles or rice	R85
<i>Thai Green Curry</i> - A spicy fragrant Thai styled, coconut curry. With egg noodles or rice	R85
<i>Spaghetti Bolognese</i>	R85
<i>Pasta Carbonara</i>	R85
<i>Aubergine Au Parmesan (v)</i>	R85
<i>Bangers & Mash</i>	R85
<i>Chicken Livers</i> - Sautéed with smoky bacon, onions, creamy masala sauce	R85
<i>Grilled Herbed Chicken Breast</i>	R85
<i>Grilled Calamari or Chicken Salad</i>	R85
<i>Barristers Masala Curry</i> - Chicken, Beef or Vegetable With egg noodles / rice	R85
<i>Steak, Egg & Chips</i>	R95
<i>Fish & Chips</i>	R95
<i>Calamari Strips</i>	R95
<i>Cottage Pie</i>	R85
<i>Chicken Schnitzel</i>	R85
<i>Roast Veggies & Couscous Salad</i>	R85
<i>Pulled Pork or Siracha Chicken & Coleslaw Salad</i>	R85
<i>Parmesan Chicken Wrap</i> - Basil pesto mayo, avocado, lettuce	R85
<i>Herbed Chicken Wrap</i> - Grilled, crumbed or masala; avocado, lettuce, mayo, mozzarella	
<i>Toasted Sandwiches</i>	
Mature Cheddar, Cheese & Tomato, Chicken Masala or Chicken Mayo on toasted sourdough, white or brown bread.	R 75
<i>Open Sandwiches</i>	R85
Rare Rosemary Steak or Grilled Herb Chicken on toasted sourdough, white or brown bread.	

Beer Food & Baskets

<i>Peanuts or Simba Chips - per packet</i>	R15
<i>Chili Poppers - each</i>	R20
<i>Olives</i>	R25
<i>Pork Crackling</i>	R25
<i>Chip Basket</i>	R35
<i>Onion Ring Basket</i>	R35
<i>Chips & Onion Ring Basket</i>	R40
<i>Potato Skins with crème fraiche</i>	R40
<i>Mozzarella Balls</i>	R45
<i>Village Butcher Biltong or Droërwors - per packet</i>	R50
<i>Quesadilla – cheddar, fresh tomato, basil pesto</i>	R77
<i>Quesadilla – siracha chicken, cheddar cheese</i>	R75
<i>Crumbed Mushrooms</i>	R75
<i>Hot Bull</i>	R85
<i>Pulled Pork & Slaw Burger</i>	R95
<i>Tortilla Nachos</i>	R95
<i>Potato Skin Nachos</i>	R105
<i>Chicken Strips Basket</i>	R85
<i>Calamari Basket</i>	R95
<i>Squid Basket</i>	R110
<i>Rib Basket</i>	R125
<i>Cheese Platter – to share</i>	R155

Thank you for supporting Barristers.

We do hope to see you again soon!